



New Vistas High School and Adult Education

Back to School Plan 2022 -2023

Neighbors's Educational Opportunities (NEO) has adopted the following guidelines for NEO's New Vistas High School, Adult Education Program, and Testing Center for the 2022-2023 school and program year.

These guidelines are aligned with the most recent recommendations from the Indiana Department of Health, local health agencies, and the Center for Disease Control (CDC).

Any necessary changes to these guidelines will be adopted in a timely way in response to changes in the community spread of COVID-19 or to recommendations from health officials and will be implemented to ensure we do all we can to keep members of the NEO community safe and to maximize our capacity to continue our programs.

We will provide all members of the NEO community the opportunity to offer NEO administration with feedback. We will post current and subsequent revisions to this plan on the NEO website www.neoadulted.org and utilize direct all calls, emails, and other means of communication.

NEO has designated the following individuals as its COVID Leads:

NEO Director of Safety, Scott Tokach	stokach@neoadulted.org	219-841-7047
NEO Executive Director, Rebecca Reiner	rreiner@neoadulted.org	219-841-7046

Please direct all reports of COVID-19 Positive results or other related questions or concerns to these individuals.

Return to School Guidelines and Recommendations for 2022-2023

The following guidelines will be in place for all NEO New Vistas, Adult Education, and Testing Center students, staff, and visitors.

- Parents, caregivers, or guardians (“caregivers”), students, and employees will monitor themselves or their students for symptoms of infectious illness **every day before** leaving for school using the attached [General Wellness Screening Tool](#) document. Please note that the temperature threshold has changed to 100.4 F.
- Individuals who test positive for COVID-19 will isolate for at least 5 days and follow [COVID Return to School - Isolation guidelines](#) (also attached) before returning to school or work.

- All students, staff, and visitors will be required (until further notice) to use the temperature screening tool upon entry to the building.
- NEO will adhere to strict schedule of daily cleaning and disinfecting.
- NEO expects all students and staff to adhere to personal hygiene practices including frequent hand washing, covering face when sneezing or coughing, sanitary disposal of tissues, not sharing beverages or food, etc.)
- NEO will follow Indiana Department of Health (IDOH) recommendations for quarantines, contact tracing, and notifications **if** there is a cluster or outbreak of COVID-19 at NEO.
- Currently, NEO will not mandate face coverings but will support students and staff who feel more comfortable wearing a masks.

However, any student or staff who is returning to school from a five day isolation period following a positive Covid test will be required to wear a mask in the school at all times (except when eating or drinking) for five additional days.

- When an individual develops or displays COVID and other respiratory illness-like symptoms at school, that individual will be referred to one of NEO's COVID Leads or other trained, designated individual for an evaluation. During the evaluation, all parties will wear a mask and be separated from others; the evaluator will also wear gloves. If it is determined that the individual should leave school, those conditions will remain in effect until individual leave school.

Additional Recommendations

NEO encourages all members of our school community to monitor and follow recommendations offered by the Indiana Department of Health for their home community in outside of school as well as while in school to safeguard :

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

<https://www.coronavirus.in.gov/indiana-covid-19-dashboard-and-map/>

Stay up to date on vaccinations and get vaccinated if eligible

<https://www.in.gov/health/immunization/school-resources/>

Wear a mask if you are at high risk for severe illness or are indoors in close proximity with others in areas with high community levels of COVID-19

Thank you for doing your part to stay safe.

Rebecca Reiner & Scott Tokach

General Wellness Screening Tool

Please use daily before leaving for work or school.



FEVER 100.4* OR CHILLS *for school board policy if threshold is lower



COUGH* OR SHORTNESS OF BREATH *especially new onset, uncontrolled cough



DIARRHEA, NAUSEA OR VOMITING, ABDOMINAL PAIN



HEADACHE*
*particularly new onset of severe headache, especially with fever



NEW OR UNUSUAL:
- EXTREME FATIGUE
- MUSCLE/BODY ACHES
- SORE THROAT

**May present with more than one symptom. This list does not include all possible symptoms.*

Do you or your student have any sign of illness or symptoms above?

If yes, consider your/your student's history. Are these symptoms related to a chronic health condition such as allergies, asthma, etc.? When in doubt, symptomatic person should stay home until symptoms improve.

Were you / Was your student in close contact (within 6 feet for a total of 15 minutes over a 24-hour period) with anyone with Confirmed COVID-19?

If you checked either of these boxes, individual **SHOULD NOT** come to school/work. Instead, consider COVID=19 testing and isolation until test result is received.

Symptomatic individual should stay at home until they meet the criteria to return to school/work:

- If positive for COVID-19, isolate for at least 5 days and mask when around others
- If negative, remain at home until 24 hours of being fever-free and improved symptoms.

Updated 8/2/22

https://www.in.gov/health/immunization/files/22_Parent-screening_8-3.pdf



UPDATED COVID-19 GUIDELINES 1.5.22 DRAFT

TESTED POSITIVE FOR COVID-19	FULLY VACCINATED OR UNVACCINATED/ SYMPTOMATIC OR ASSYMPTOMATIC
	<ul style="list-style-type: none"> • Isolate at home for 5 days from day of confirmed infection (test date) • Return to school after 5 days isolation IF symptoms are resolved so you can physically participate in activities; <i>If you have a fever, continue to stay home until your fever resolves.</i> • Wear a mask around others for 5 additional days. Follow NEO’s mask and social-distancing guidelines while at school/work and other guidelines outside of work <p><i>NOTE: The change is motivated by science demonstrating that most of the SARS-CoV-2 transmission occurs early in the course of illness, generally in the 1-2 days prior to onset of symptoms and the 2-3 days after. Therefore, people who test positive should isolate for 5 days and, if asymptomatic at that time, they may leave isolation if they can continue to mask for 5 days to minimize the risk of infecting others.</i></p> <p><i>Also, a Negative test result is not required to return to activity since individuals may test positive for days beyond when they can transmit the virus to others</i></p>
CLOSE CONTACT WITH COVID-19 INFECTED INDIVIDUAL	SYMPTOMATIC: FULLY VACCINATED, NOT FULLY VACCINATED, or UNVACCINATED
	or
	ASYMPTOMATIC: NOT FULLY VACCINATED or UNVACCINATED
CLOSE CONTACT WITH COVID-19 INFECTED INDIVIDUAL	<ul style="list-style-type: none"> • Quarantine at home for 5 days. • Test for SARS-CoV-2 on day 5 after exposure to infected individual or 5 days after onset of symptoms <ul style="list-style-type: none"> - If positive, follow guidelines above. • Return to school after 5 days isolation IF symptoms are resolved so you can physically participate in activities; <i>If you have a fever, continue to stay home until your fever resolves.</i> • Wear a mask around others for 5 additional days. Follow NEO’s mask and social-distancing guidelines while at school/work and other guidelines outside of work
	ASYMPTOMATIC - FULLY VACCINATED* OR RECOVERED FROM COVID-19 WITHIN PAST 90 DAYS
	<ul style="list-style-type: none"> • No quarantine or isolation is required while asymptomatic and self-monitoring daily for symptoms. • Test for SARS-CoV-2 on day 3-5 after exposure • Follow NEO’s mask and social-distancing guidelines while at school/work and other guidelines outside of work <p><i>If symptoms develop or test is positive, follow appropriate guidelines</i></p>
NO CLOSE CONTACT WITH COVID-19 INFECTED INDIVIDUAL	SYMPTOMATIC: FULLY VACCINATED, NOT FULLY VACCINATED, or UNVACCINATED
	<p>Even if an individual believes they have NOT been exposed to an infected individual, they should closely monitor the onset of COVID-19 type symptoms and seek medical care for serious symptoms. If onset of symptoms is sudden and/or NOT readily explained by known non-COVID-19 medical condition or other known causes:</p> <ul style="list-style-type: none"> • Stay home • Test for COVID-19 immediately. • If test is negative, stay home until symptoms are resolved; recommended PCR test on Day 5 from onset of symptoms • If test is positive, follow guidelines above.

INFORMAION FROM THE INDIANA DEPARTMENT OF HEALTH

COVID-19: Where We Are Now

Progress

2 mRNA vaccines are widely available: Moderna, Pfizer

Vaccines are available at more than 1,300 locations around the state

Hoosiers ages 6 months and older are now eligible for vaccination

3,307,161 Hoosiers are fully vaccinated, and that number continues to grow

Challenges

We continue to dispel misinformation about vaccine safety

We may continue to see new variant strains; B.A. 5 is a great example

Increased home testing makes it difficult to determine the level of positivity in the community (as home tests are not reported)

We are using other surveillance methods such as monitoring patients presenting with covid-like illness and wastewater surveillance to help determine positivity in the community

Variant Update

Two new versions of the Omicron variant, called BA.4 and BA.5 have taken hold in the US

These variants are more transmissible than earlier Omicron variants and more likely to cause breakthrough infections

Key mutations in these variants can allow them to better infect cells and cause disease

These variants do not appear to cause more severe disease

<http://www.cdc.gov/coronavirus/2019-ncov/covid-data>

