



## **New Vistas High School, Adult Education, and Testing Center**

### **Back to School Plan 2022-2023**

9.13.22

Neighbors's Educational Opportunities (NEO) has adopted the following guidelines for NEO's New Vistas High School, Adult Education Program, and Testing Center for the 2022-2023 school and program year.

These guidelines are aligned with the most recent recommendations from the Indiana Department of Health, local health agencies, and the Center for Disease Control (CDC). We will make changes to these guidelines in a timely way as advised or required in response to changes in the community spread of COVID-19 to keep members of the NEO community safe and to maximize our capacity to continue our programs.

NEO invites members of the NEO community to offer NEO administration with feedback on these guidelines. We will post current and subsequent revisions to this plan on the NEO website [www.neoadulted.org](http://www.neoadulted.org) and utilize direct all calls, emails, and other means of communication.

NEO has designated the following individuals as its COVID Leads:

NEO Director of Safety, Scott Tokach [stokach@neoadulted.org](mailto:stokach@neoadulted.org) 219-841-7047

NEO Executive Director, Rebecca Reiner [rreiner@neoadulted.org](mailto:rreiner@neoadulted.org) 219-841-7046

Please direct all reports of COVID-19 Positive results or other related questions or concerns to these individuals.

### **Return to School Guidelines and Recommendations for 2022-2023**

The following guidelines will be in place for all NEO New Vistas, Adult Education, and Testing Center students, staff, and visitors.

- Parents, caregivers, or guardians, students, and employees will monitor themselves or their students for symptoms of infectious illness every day before leaving for school using the attached [General Wellness Screening Tool](#) document. Please note that the temperature threshold has changed to 100.4 F.
- Individuals who test positive for COVID-19 will isolate for at least 5 days and follow [COVID Return to School - Isolation guidelines](#) (also attached) before returning to school or work.
- All students, staff, and visitors will be required (until further notice) to use the temperature screening tool upon entry to the building.
- NEO will adhere to a strict schedule of daily cleaning and disinfecting.
- NEO expects all students and staff to adhere to personal hygiene practices including frequent hand washing, covering face when sneezing or coughing, sanitary disposal of tissues, not sharing beverages or food, etc.)
- NEO will follow Indiana Department of Health (IDOH) recommendations for quarantines, contact tracing, and notifications if there is a cluster or outbreak of COVID-19 at NEO.
- Currently, NEO will not mandate face coverings but will support students and staff who feel more comfortable wearing masks. However, any student or staff who is returning to school from a five day isolation period following a positive Covid test will be required to wear a mask in the school at all times (except when eating or drinking) for five additional days.

- When an individual develops or displays COVID and other respiratory illness-like symptoms at school, that individual will be referred to one of NEO's COVID Leads or other trained, designated individual for an evaluation. During the evaluation, all parties will wear a mask and be separated from others; the evaluator will also wear gloves. If it is determined that the individual should leave school, those conditions will remain in effect until the individual leaves school.

### **Additional Recommendations**

NEO encourages all members of our school community to monitor and follow recommendations offered by the Indiana Department of Health for their home community in and outside of school.

Stay informed on the status of the pandemic in your community

<https://www.cdc.gov/coronavirus/2019-ncov/your-health/covid-by-county.html>

<https://www.coronavirus.in.gov/indiana-covid-19-dashboard-and-map/>

Stay up to date on vaccinations and get vaccinated if eligible

<https://www.in.gov/health/immunization/school-resources/>

Wear a mask if you are at high risk for severe illness or are indoors in close proximity with others in areas with high community levels of COVID-19

Thank you for doing your part to stay safe.

*Rebecca Reiner & Scott Tokach*

# General Wellness Screening Tool

Please use daily before leaving for work or school.



**FEVER 100.4° OR CHILLS** \*for school board policy if threshold is lower



**COUGH\* OR SHORTNESS OF BREATH** \*especially new onset, uncontrolled cough



**DIARRHEA, NAUSEA OR VOMITING, ABDOMINAL PAIN**



**HEADACHE\***  
\*particularly new onset of severe headache, especially with fever



**NEW OR UNUSUAL:**  
- EXTREME FATIGUE  
- MUSCLE / BODY ACHES  
- SORE THROAT

*\*May present with more than one symptom. This list does not include all possible symptoms.*

**Do you or your student have any sign of illness or symptoms above?**

*If yes, consider your/your student's history. Are these symptoms related to a chronic health condition such as allergies, asthma, etc.? When in doubt, symptomatic person should stay home until symptoms improve.*

**Were you / Was your student in close contact (within 6 feet for a total of 15 minutes over a 24-hour period) with anyone with Confirmed COVID-19?**

If you said yes to either of these, individual **SHOULD NOT** come to school/work.  
Follow updated Return to School – Isolation Guidelines on next page.

[https://www.in.gov/health/immunization/files/22\\_Parent-screening\\_8-3.pdf](https://www.in.gov/health/immunization/files/22_Parent-screening_8-3.pdf)



**RETURN TO SCHOOL – ISOLATION GUIDELINES 9.13.22**

<b>TESTED POSITIVE FOR COVID-19</b>	<b>FULLY VACCINATED OR UNVACCINATED/ SYMPTOMATIC OR ASSYMPTOMATIC</b>
	<p><i>Isolate</i> at home for <u>5 days</u> from day of confirmed infection (test date)                  Those with <b>NO SYMPTOMS</b> should count the day you were tested as <b>Day 0</b> and <b>Day 1</b> as the first full day following test date</p> <p>Those <b>WITH SYMPTOMS</b> (fever of 100.4 degrees or higher; cough, congestion, or runny nose; shortness of breath; fatigue muscle, body, or headaches; new loss of taste or smell, sore throat, nausea, vomiting, or diarrhea) should count the day of the onset of your symptoms as <b>Day 0</b> and <b>Day 1</b> as the first full day after your symptoms started.</p> <p>Take extra precautions around others, especially in the <u>2-3 days</u> following the onset of symptoms                  If you have a weakened immune system or other mitigating issues and/or if your symptoms are moderate to severe, contact your health provider immediately to discuss medications</p> <p>Return to school/work after <u>5 days</u> isolation or when you are fever-free for <u>24 hours</u> without medication and symptoms are improving so you can physically participate in activities                  Wear a mask around others for <u>5 additional days</u>.</p> <p>A negative test result is not necessary to return to activities since individuals may test positive for days beyond when they can transmit the virus to others.</p> <p>After you have <b>ended isolation</b> and COVID-19 symptoms recur or worsen, restart isolation at <b>Day 0</b></p>
<b>CLOSE CONTACT WITH COVID-19 INFECTED INDIVIDUAL</b>	<b>ASYMPTOMATIC (No Symptoms) - FULLY VACCINATED or UNVACCINATED</b>
	<p>Start precautions immediately - Wear a mask for 10 days as soon as you learn you were exposed to COVID, consider testing daily and start closely monitoring your symptoms.</p> <p>There is no need to isolate if you remain symptom-free and continue to wear a mask 10 days. <b>Day 0</b> is the day of your last exposure to COVID-19; <b>Day 1</b> is your <b>first full day</b> after your exposure                  Test for sure on <b>Day 4 or 5</b> after exposure to infected individual</p> <p>If test results are negative, continue to monitor for symptoms, practice safety measures, and continue to wear a mask for <u>10 days</u> from your exposure.</p> <p>If test is positive, immediately report results to those who need to know and follow guidelines above.</p>
	<b>SYMPTOMATIC - FULLY VACCINATED or UNVACCINATED</b>
	<p>If you've had close contact with a COVID-19 + individual AND are experiencing any of these symptoms that cannot be explained by other medical reasons, follow these guidelines:                  Start precautions immediately: Wear a mask for 10 days from exposure;                  Get tested immediately and isolate until you know the results;</p> <p>If test results are positive, immediately report results to those who need to know and follow guidelines above.                  If test results are negative, remain isolated and consider testing daily while symptoms remain;                  Once symptoms are improving and you are fever free for <u>24 hours</u> without medicine and you still test negative, you may return to normal activities.</p>
<b>NO CLOSE CONTACT</b>	<b>SYMPTOMATIC: FULLY VACCINATED, NOT FULLY VACCINATED, or UNVACCINATED</b>
	<p>If an individual develops COVID-19 related symptoms, they should immediately seek medical care for serious symptoms. If onset of symptoms is sudden and/or NOT readily explained by known non-COVID-19 medical condition or other known causes, individual should stay home and test for COVID-19 immediately.                  If test is negative, stay home until symptoms are resolved; recommended PCR test on Day 5 from onset of symptoms                  If test is positive, follow guidelines above.</p>